

## After Care Instructions for Biopsy Sites

1. Leave the dressing in place for 24 hours following your biopsy.
2. After the 24 hour period, remove the outer bandages – there are special medicated gauze pieces which will fall off with the removal of the dressing. If this gauze is stuck to the wound, wet the area generously and the gauze can be removed without trauma to the wound.
3. Once the dressing has been removed,
  - a. Begin DAILY cleansing of the wound with a gentle cleanser (such as Cetaphil, Dove, etc.) – please do NOT use hydrogen peroxide, rubbing alcohol, etc.
  - b. Apply a very thin layer of bland healing ointment (Vaseline, Aquaphor, etc.) – we prefer that Bacitracin, Neosporin and other medicated ointments be avoided
  - c. After the initial 24 hours, the wound can be left open to heal
  - d. DO NOT PICK at your scab as this leads to scarring
4. Tylenol or Advil (at recommended doses) may be used for discomfort.
5. Please follow any extra instructions given by the staff such as elevation, resting the body part, etc.
6. Watch for any signs or symptoms of infection such as redness, red streaks, pus, increased pain or swelling, or fever. Please call us at 541-200-2777 if you notice any of these so you may be evaluated and treated for possible infection.

If you have any questions or need assistance  
with your account, please contact us at  
**503.906.7300**  
Monday-Friday, 5 a.m. to 4:30 p.m. Pacific Time.



### LABORATORY BILLING INFORMATION

Your provider has performed a procedure that requires the services of a dermatopathologist. CTA Lab is the dermatopathology laboratory your provider selected to provide the interpretation of your biopsy and/or specimen. CTA Lab is an independent dermatopathology laboratory offering high-quality, specialty-focused dermatopathology services to many medical specialists and their patients across the United States. A laboratory report will be sent directly to your provider to assist him or her with your care. Your physician will not bill you for our laboratory services. Rather, CTA Lab will bill either you or your insurance carrier directly.

### INSURANCE INFORMATION

CTA Lab accepts all insurances although we are not a participating provider with all insurances. In the near future, you may receive an "Explanation of Benefits" from your health insurance company. Please understand that your Explanation of Benefits (EOB) is not a bill. Please call our Billing Department at 503.906.7300 for additional information or if you have any questions.

## LABORATORY BILLING INFORMATION



PO Box 230457  
Tigard, OR 97281-0457

<https://www.cta-lab.com/pay-bill/>